



AUSTRALIAN CALISTHENIC FEDERATION INC.

ABN: 83 741 804 818

Examiners Advisory Board

In October 1999 the ACF established the Examiners Advisory Board (EAB) to oversee the Calisthenic Skills Programme.

The EAB is composed of Gold Medal Examiners (currently from Vic, WA and SA) and the ACF National Calisthenic Skills Coordinator.

The aim of the Examiners Advisory Board is to enhance the Development of Calisthenics through the implementation and evaluation of the National Calisthenic Exam programme. This will be achieved by presenting proposals to the ACF for ratification and dissemination to all States and Territories for implementation.

Responsibilities include:

- All matters pertaining to the National Calisthenic Examination programme
- Establishing and maintaining a National Examiners training course
- Establishing and maintaining a National Examiners accreditation programme
- Overseeing the budget and expenditure for the Calisthenic examination programme

Since October 1999 the EAB have met on 3 separate occasions with future meetings to occur at least twice per year in May and November.

The initial meetings have involved considerable consideration of the current programme and a great deal of work to improve areas of concern and update in line with current strategies, technique and evaluation of research projects.

This includes:

- ✓ Updating videos and accompanying music. It is anticipated a video containing the syllabus from Test 1 to Gold Medal will be available early in 2001 as well as a CD of the music.
- ✓ Updating the syllabus – please note changes in uniform as well as minor amendments in exam routines.
- ✓ The introduction of Standard 3 & 4 exams containing jazz exercises and aesthetic rather than waltz.

- ✓ Lower division students may choose from Prep 3 to follow the Standard exams. Please note, however, this does not qualify for Solo prerequisites or medals. Students can choose to participate in either or both “streams”.
- ✓ Removal of compulsion to complete all grades. Students may “jump” a grade as long as knowledge of all previous syllabi is maintained for the exam. However, students must still complete Grade 4 before attempting Medals.
- ✓ Examiner training and upgrading is now supervised by the EAB.
- ✓ Examiners must complete updating requirements to maintain accreditation.
- ✓ Examiner feedback will be collated by State/Territory Administrators and passed onto all Coaches who submit candidates for examination.

State/Territory Calisthenic Skills Committees are now coordinated by an Administrator who is responsible for the organisation of Prep Classes and the examinations.

Should the Calisthenic Fraternity have any queries relating to the Calisthenic Skills programme, correspondence with the EAB is welcome, keeping in mind the meeting dates of May and November.

Correspondence can be addressed to the:

ACF National EAB Coordinator

Diane Winterling

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EAB Members :

Diane Winterling (ACF National Coordinator)

Julie Fox (Victoria), Diane Synnott (Victoria)

Barbara Prizrenac (South Australia)

Lynne Jones (Western Australia)