



AUSTRALIAN CALISTHENIC FEDERATION INC.

ABN: 83 741 804 818

Examiners Advisory Board

2006 again saw the Calisthenic Skills programme conducted in all states and territories catering for 2281 Candidates. Nationally the continued raising of standards is most noticeable where states/ territories have made a commitment to Calisthenic Skills and the members concerned are to be congratulated for the long term benefits this brings to our sport at solo, team, state and national level. Well done!

Syllabus

The next round of updating of the syllabus continues with the review of movements included at each level and choreography of replacement routines. The music CD will remain the same with the current video to be replaced by a DVD. The timeline for publication has yet to be determined. Special thanks to the EAB sub committee –Roberta Dwyer-Smith, Kelly Finlayson, Jenny Godber and Sue Smith who have continued to work on the new routines. Tests 1 to Grade 3 have been completed, it is anticipated Grade 4 will be completed this year with a possible early release of Test 3.

Medals continue to be reviewed annually with syllabus available for candidates who register for medal examination. Please contact your state/territory administrator when you require a copy to ensure it is the latest version.

Examiner accreditation

All the Examiners work very hard to remain fully accredited. Many travel interstate to attend the appropriate seminars and meetings. This ensures competency levels remain very high. In 2007 further seminars will focus on national benchmarking.

Trainee Examiners

The Examiner Trainee welcomed new recruits in Victoria and Western Australian – Alex Otzen and Karen Quinn (respectively).

Congratulations to Kim Bennington (WA), Michelle Kalma (WA), Sue Smith (VIC), and Penny Doig (VIC) who completed their training in 2006. Special Mention to Meredith Phillis (SA), Roberta Dwyer Smith (VIC), Bronwyn Lloyd (VIC) and Judy Currie (VIC) who made the time to complete upgrading their Examiner qualifications to a higher level.

A warm welcome was extended to Barbara Nickless (VIC) who returned to examining.

South Australia has four trainees poised to complete their training within the next 12 months. The accreditation process for examiners is competency based. It includes syllabus familiarisation and exam protocol. It is possible that potential applicants may already be on the path to accreditation and not be aware. Training can commence in the year that you turn 18 provided you have successfully completed Grade 4.

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Training includes :

- Stage 1 – conduct a prep class for Test 1, 2, and 3 or assist at a prep class in order to keep up knowledge of the syllabus. (6 hours)
- Stage 2 – sit in with two examiners and do mock exams (6 hours)
- Stage 3 – conduct an exam supervised (3-4 hours)
- Stage 4 – conduct an exam solo with a video recording the exam (3-4 hours)

Medals

It is wonderful to acknowledge the two very talented Gold Medal Honours candidates in Victoria last year. Congratulations to Emma Paine and Jennifer Ballard. This award recognises a lifetime of commitment and achievement at the highest level of the Calisthenics Skills programme.

Administrators

All of these achievements would not be possible without the commitment from our hardworking State/Territory administrators. Your efforts are always appreciated, our sincere thanks to: Liz Hickey (VIC), Diane Winterling (SA), Rochelle Hardwick (WA) (outgoing), Lynette Marsh (ACT), Belinda Souter (QLD) (outgoing), Karen Mellor (NT), and Jenny Buchanan (NSW) without who exam rosters, Examiner appointments, database updating, distribution of certificates and badges would not occur. Welcome to Lillian Kluge (WA), and Sarah Chalmers (QLD). These ladies are all committed to advancing the skills programme and their enthusiasm will ensure processes continue to be followed as part of a national programme.

If you have any questions or would like an Examiner application form please contact :

ACF National EAB Coordinator

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Good luck to all candidates and coaches of Calisthenic Skills for 2007.

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