



**UPDATING AND DEVELOPMENT PROGRAM
Level Two from March 2012**

Updating points must be a minimum of 48 points over a four year period

FIRST AID: (maximum of 12 points per 4 years)

Compulsory

Requalify ó Essential First Aid

8 points

Optional

Annual update CPR

4 points

Senior First Aid

12 points

* Nurses ó RN and EN must provide verification of update qualifications to gain points

SEMINAR/WORKSHOP: (no annual limit)

NB: external seminars/workshops require prior approval

Lecture or physical participation

2 points / hour
(each 30 mins over the hour = 1 point)

ACF National Conference

24 points

Coaching Effectiveness Audit (Video Self-analysis) - apply through coaching association

4 points / 2 years

COACHING: (maximum of 32 points per four year period)

Coach

one age/division

4 points / year

Coach

two or more ages/divisions

8 points / year

Specialist coaching

solos/duos/gracefuls

2 points / year

Calisthenics skills

2 points / year

Specialist item

e.g. Song and Dance

2 points / year

National/State/Territory Representative Team Coach

6 points / year

PRESENTING/ASSESSING: (maximum of 32 points per four year period)

Presenting courses and seminars

2 points / hour

Presenting Prep Class for Calisthenics Skills

2 points / hour

Assessing Level One candidate

2 points / hour

Writing/producing modules

8 points / module

ADJUDICATING/SKILLS EXAMINING

For coach/adjudicator and coach/examiner

2 points / year

ADMINISTRATION: (maximum of 32 points per four year period)

ACFCC Delegate

8 points / year

State/Territory Course Co-ordinator

8 points / year

Coachesø Association position ó Executive

4 points / year

Coachesø Association position ó Other

2 points / year

COMPETITIONS:

Attendance or participation at National Championships

2 points / year

Assessing/timing/writing at approved competitions

2 points / year