



Australian
Calisthenic
Federation

MEMORANDUM

to: ALL STATES, COACHES, ADJUDICATORS & COMPETITION DELEGATES
from: Kerry Sargent – ACF National Rules Convenor
subject: Flexible Rule 3.1 (b) – Lighting
date: 24 January 2015

In the new 2015 ACF Rules and Regulations Rule 3.1 (b), lighting in core items is a flexible rule in each State / Territory for Intermediates and Seniors.

Please note – if States / Territories allow the use of lighting for Intermediates and Seniors in core items then blackout opening and closing may also be used.

Please find attached an updated version of the 2015 ACF Rules and Regulations (v2015_1_ACF National RULES AND REGULATIONS_2015) that clarifies the use of the flexible rule 3.1 (b) as per above.

Kerry Sargent
ACF National Rules Convenor