

There are now 2 CD's to accompany the syllabus. The music remains unchanged, however, the tracks on the syllabus for Test 1 to Grade 2 now include Test 3 and the track numbers have been amended on the written syllabus.



Australian  
Calisthenic  
Federation

**Musical CD to accompany syllabus**

**ACF Calisthenic Skills  
Musical CD to accompany syllabus  
Test 1 to Grade 2 (now includes  
Test 3)  
\$16.50 (inc GST)**

**AND**

**ACF Calisthenic Skills  
Musical CD to accompany syllabus  
Grade 3 to Gold Medal  
\$16.50 (inc GST)**

Name .....

Address .....

Postcode..... Phone Number .....

Email address .....

Please indicate the following :

.....(quantity) Test 1 to Grade 2                      .....(quantity) Grade 3 to Gold Medal

Cheque for .....(total) **enclosed and a self-addressed pre paid appropriate sized postbag** (orders will be sent COD if correct prepaid postbag not supplied)

Post to ACF Calisthenic Skills ,PO Box 66 ,Belair SA 5052