



Memorandum

To: All States, Coaches, Adjudicators, Competition Committees
From: Kerry Sargent
Date: October 17, 2018
Re: ACF Rules and Regulations – Age Changes and New Banned Movement for 2019

At the October 2018 ACF Council meeting the following changes to Rule 2.1 Ages were ratified (Changes highlighted in red below).

2.1 AGES

Flexible rule - refer ACF policy on Flexible Rules - [Appendix 1](#). For National Championships application should be made to ACF (For State Competitions, applications should be made to the State Association in the time frame as determined by the State Association). **Participants are entitled to work up one age group without having to apply for an exemption (subject to Rule 1.2.f).**

Tinies	7 years and under)	
Sub-Juniors	8 to 10 years)	
Juniors	11 to 13 years)	on 31 December in the year of
Intermediates	14 to 17 years)	competition
Seniors	18 years and over (no maximum)		
Masters	26 years and over (no maximum)		

The following movement was added to Rule 2.2.1 – Banned Movements – banned for ALL age groups

xvii. Front (Forward) Aerial

These rule changes/additions will come into effect 1st January 2019.

Kerry Sargent

ACF National Rules Forum Convenor