



Australian
Calisthenic
Federation

Annual Report

*1 January 2017 -
31 December 2017*



Australian Government
Australian Sports Commission

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Australian Calisthenic Federation Inc—Annual General Meeting

Agenda

Date & time: Sunday 19 March 2017 9:00am

Venue: Holiday Inn, Tullamarine Airport, Melbourne

No.	Agenda item
1	Welcome by President
2	Apologies
3	Acceptance of previous AGM minutes, 2016
4	Annual report—presented by President
5	Finance report—presented by Director of Finance
6	Fees
7	Election of Directors <ul style="list-style-type: none">• Competitions – nomination received for Anita Roser• ICT – nomination received for Tara Sullivan• Planning – no nomination received
8	Appointment of Directors <ul style="list-style-type: none">• Director of Adjudicating – Kerryn Waddell
9	Appointment of Auditor
10	Appointment of Solicitor
11	Special Business <ul style="list-style-type: none">• Life Member nominations• Letter of Thanks
12	Date for next meeting

**Australian Calisthenic Federation Inc—AGM
Minutes of Meeting**

Date:	Sunday 19 March 2017			
Venue:	Holiday Inn Tullamarine			
Time:	9.00am			
Present:	Elizabeth Kratzel	President (Chair)		
	Kerryn Waddell	Director of Adjudication	Deb Halliwell	NT Delegate
	Carolyn Fortune	Director of Coaching	Karen Mellor	NT Delegate
	Anita Roser	Director of Competitions	Michelle Humphreys	QLD President
	Paula Dowley	Director of Finance	Anna Lynch	QLD Delegate
		Director of ICT	Fiona Belton	SA Delegate
		Director of Planning	Lauren Mazzachi	SA Delegate
	Diane Winterling	Director of Skills	Shane Bond	VIC Delegate
	Kerry Fullarton	Executive Officer	Les Margaris	VIC Delegate
	Tony Hall	ACT President	Sandra Gosling	WA President
	Danielle Lamour	NSW Delegate	Chris Polglaze	WA Delegate
Apologies:	Meredith Phillis	Pam O'Donnell-Parris	Joy Smith	
	Brenda Green	Gwenda Lucas	Tara Sullivan	

Minutes of previous meeting

Moved:	President	Seconded:	SA
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That the minutes from the previous AGM be accepted.

Carried unanimously.

Annual Report

The Annual Report, including the President's and other Directors' reports, was tabled by the President.

Moved:	President	Seconded:	ACT
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That the Annual Report be accepted with the following amendments:

The dates in the President's Report should read 1 January 2016 to 31 December 2016.

Carried unanimously

Finance Report

The Director of Finance presented the Finance Report included in the ACF Annual Report 2016.

Moved:	Director of Finance	Seconded:	WA
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That the financial report for the period 01/01/2016 to 31/12/2016 be received and accepted, showing income of \$299,655 and expenditure of \$316,395.

For: ACT, NSW, NT, QLD, SA, WA Against: Nil Abstain: VIC Motion carried

Moved:	Director of Finance	Seconded:	ACT
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That the budget be approved as presented showing income of \$347,200 and expenditure of \$364,510

For: ACT, NSW, NT, QLD, SA, WA Against: Nil Abstain: VIC Motion carried

Moved:	Director of Finance	Seconded:	NT
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That the signatories for the bank accounts of the Australian Calisthenic Federation be the President, Director of Finance and Director of Skills.

For: ACT, NSW, NT, QLD, SA, VIC, WA Against: Nil Motion carried

Election of Directors

Director of Competitions

Nomination received for Anita Roser.

Nominated by:	ACT	Seconded:	SA
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For: ACT, NSW, NT, QLD, SA, VIC, WA Against: Nil Carried

Director of ICT

Nomination received for Tara Sullivan

Nominated by:	NSW	Seconded:	ACT
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For: ACT, NSW, NT, QLD, SA, WA Against: VIC Carried

Director of Planning

No nomination received

Appointment of Directors

Director of Adjudicating

Letter received from AAB nominating Kerryn Waddell for the position. The appointment of Kerryn to this position was ratified by the Council.

For: ACT, NSW, NT, QLD, SA, VIC, WA Against: Nil Carried

Appointment of Auditor

Moved:	Director of Finance	Seconded:	NSW
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That David Perceval is retained as the ACF auditor.

For: ACT, NSW, NT, QLD, SA, VIC, WA Against: Nil Carried

Appointment of Solicitor

Moved:	President	Seconded:	NT
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That Coleman Greig is retained as the solicitor for the ACF.

For: ACT, NSW, NT, QLD, SA, VIC, WA Against: Nil Carried

Special Resolutions

Moved:	AAB		
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That Barbara Nickless be awarded Life Membership of ACF

For: ACT, NSW, NT, QLD, SA, VIC, WA Against: Nil Motion carried

Moved:	WA		
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That Christine Polglaze be awarded Life Membership of ACF

For: ACT, NSW, NT, QLD, SA, VIC, WA Against: Nil Motion carried

Moved:	EAB		
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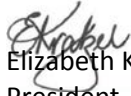
That Sue Smith be awarded a Letter of Thanks for contribution to skills

For: ACT, NSW, NT, QLD, SA, VIC, WA Against: Nil Motion carried

Next meeting

The next meeting will be held 18 March 2018 in accordance with the Constitution and members will be advised of the venue.

Meeting closed 9.30am.



Elizabeth Kratzel
President



2017 Budget

Jan - Dec

ACF ex
GST

Income

General	
Affiliation	700
Participation Levy - \$7 comp \$4 rec (12000)	90,000
Participation Levy – Development \$3.50 (11000)	35,000
Bank Interest	2,000
Sale of Merchandise	1,000
Sale of National DVDs	500
Meeting Reimbursements	4,000
Miscellaneous Income	500
TOTAL GENERAL	133,700
Coaching	
Course Fees Level 1	10,000
Level 2	500
Cadet	6,000
Registration Fees Level 1 & 2	1,000
Sale of DVD's	10,000
TOTAL COACHING	27,500
Skills	
Course Fees	70,000
Examiners Fees	1,000
TOTAL SKILLS	71,000
Championships	
Nationals Profit	16,500
Live Streaming	35,000
TOTAL CHAMPIONSHIPS	51,500
TOTAL INCOME	283,700



2017 Budget

Jan - Dec

Expenditure

ACF ex GST

Council Travel	10000
Council Accommodation	10000
Council Meeting Costs	5000
Council Taxis Parking etc	500
Council Meal Allowance	500
COM Travel	10000
COM Accommodation	3000
COM Meeting Costs	2000
COM Taxis Parking	500
COM Meal Allowance	500
Bank Charges	2000
Reimburse Merchandise Sales	200
Office Equipment	
Reports	100
Photocopying and Printing	100
Depreciation	5000
Insurance	1500
Stationery Postage & Telephone	500
Legal Fees	3000
Gifts/Awards	1000
Accounting & Audit fees	2000
Honorarium	6000
Incorporation Fees	200
Life Member Badges	100
MPIO Investigation Expenses	1000
Live Streaming 2017	20000
Champ DVD	1000
Nat. Dev. New South Wales	9000
Nat. Dev. Queensland	12100
Nat. Dev. Northern Territory	6200
Nat. Dev. South Australia	
Nat. Dev. Victoria	3400
Nat. Dev. Western Australia	
Nat. Dev. Aust Capital Territory	6000
Nat. Dev. Australia Wide	10000
Rules Review Committee	4000
AAB Travel	4100
AAB Accommodation	2600
AAB Meeting Costs	2100
AAB Taxi Parking etc	550
AAB Meal Allowance	650
AAB Administration, Postage, Telephone, Photocopy	500
AAB Cadet Training	1000
AAB Distance Education	1000
AAB Planning & Development	1500
AAB Adjudicators Accreditation Program	1000
AAB Adjudicators Conference Payment	2000
ACFCC Travel	5000

ACFCC Accommodation	2000
ACFCC Meeting Costs	3000
ACFCC Taxis Parking etc	500
ACFCC Meal Allowance	1000
ACFCC Printing Postage	500
ACFCC Telephone	100
ACFCC Coach of the Year	250
ACFCC Cadet Course Costs	7000
ACFCC Level 1 Costs	14500
ACFCC Level 2 Costs	1000
ACFCC Certificates & Badges	1000
ACFCC Technical Guide	8000
ACFCC - Banned Movements	5000
EAB Flights	4000
EAB Accommodation	500
EAB Meeting Costs	1000
EAB Taxis Parking	250
EAB Meal Allowance	250
EAB Postage Telephone	500
EAB Printing	500
EAB Examiner Development	1000
EAB Badges/Certificates/ Medals	4000
EAB Examination Skills Costs	60000
EAB Skills Upgrade	7500
Championship Misc Expenses	200
ICT - Database & Website	10400
ICT - Computer Program Subscriptions	1620
ICT - Domain Names	2310
ICT- Trademark	300
ICT - Dropbox	1530
ICT - Database enhancements	10000
Other expenses	
Total Expenses	308110
Total Profit/Loss	-24410

SCHEDULE OF FEES

Effective 1st January 2017

CPI INCREASE	1.50%	Sept 2013 – Sept 2014
As per the ABS	2.30%	Sept 2014 – Sept 2015
Total	3.80%	

TYPE OF EXPENSES	2015	2017
	\$	\$
Affiliation Levy	96.50	100.20
Capitation Levy - Participation	7.00	7.30
Capitation Levy - Development	3.00	3.20
Capitation Levy - Recreational	4.00	4.20
Adjudicators		
Adjudicator Per Hour	39.00	40.5
Writer Per Hour	23.50	24.40
Coaches		
Cadet Course		
Cadet Course Fee	63.00	65.40
Presenter Fee Cadet Per Hour	64.50	67.00
Supervisor Fee Per Day Maximum 1 Day	64.50	67.00
State Admin Fee	3.50	3.70
Equipment Hire	64.50	67.00
Refreshments	4.00	4.20
Level 1 Course		
Level One Course Fee	157.50	163.50
Presenter Fee Level 1 Per Hour	64.50	67
Supervisor Fee Per Day	64.50	67
Assessor Fee Per Participant	38.50	40
State Admin Fee	18.00	18.70
Refreshments	7.00	7.30
ACF Fee	7.50	7.80
Equipment Hire (Maximum)	121.00	125.60
Level 1 Reaccreditation >10yrs expiry		
Level 1 Reaccreditation >10yrs fee		78.00
State Admin Fee		18.00
Refreshments		3.50
Level 1 Recreation Course		
Level 1 Recreation Course fee		78.00
Presenter Fee Level 1 Rec per hour		64.50
Supervisor Fee per Course		32.50
State Admin Fee		7.50
ACF Fee		7.50
Equipment Hire (Maximum)		64.00
Level 2 Course		
Level Two Module Fee	39.00	40.50
Presenter Fee Level 2 Per Hour	64.50	67.00

TYPE OF EXPENSES (cont)	2015	2017
Supervisor Per Module Level 2	32.50	33.80
State Admin Fee	7.50	7.80
Refreshments	4.00	4.20
Equipment Hire		64.00
Registration (payable upon completion of Level 2)	31.00	20.00
Includes ACF \$7.50 (Covers certificate & Badge)		
State \$12.50		
General Principles		
General Principles Module Fee	39.00	40.50
Marking Fee/Participant	22.50	23.40
State Admin Fee	13.00	16.50
Level Two Module Fee Before Subsidy	61.50	63.90
Level 1, 2 & Level 1 Rec Reaccred Fee		
Reaccreditation Fee (Fixed – no CPI increase)		15.00
State Admin Fee (Fixed – no CPI increase)		10.00
ACF Fee (Fixed – no CPI increase)		5.00
Skills		
Examiner Per Hour	39.00	40.50
Supervisor Per Day	64.50	65.60
Meal Allowance	26.50	27.00
Supervisor Per 1/2 Day	32.50	33.10
Test 1	22.00	22.40
Test 2	22.00	22.40
Test 3	32.50	33.10
Standard Grade 1	32.50	33.10
Grade 1	32.50	33.10
Standard Grade 2	40.50	41.20
Grade 2	40.50	41.20
Standard Grade 3	40.50	41.20
Grade 3	40.50	41.20
Standard Grade 4	40.50	41.20
Grade 4	40.50	41.20
Bronze Medal	62.50	50.00
Silver Medal	62.50	50.00
Gold Medal	98.00	75.00
Gold Medal Honours	34.00	25.00
Test 1 & 2 Class Exams	18.50	18.90

Fee Schedule Valid to 31 December 2020

President's Report

I am pleased to table the ACF annual report for 1 January 2017 - 31 December 2017. Appreciation, gratitude and sincere thanks are extended to the Committee of Management for their tireless energy and enthusiasm in meeting the aims and objectives of the Australian Calisthenic Federation. This hard working team comprises:

Director of Adjudicating	Kerryn Waddell
Director of Coaching	Carolyn Fortune
Director of Competitions	Anita Roser
Director of Finance	Paula Dowley
Director of Planning	
Director of Skills	Diane Winterling
Director of ICT	Tara Sullivan
Executive Officer	Kerry Fullarton

Thank you to all Council delegates for their valuable contribution throughout the year, working towards our goals and objectives.

Participation numbers

As at October 2017, we had the following participation membership rates:

State	2010	2011	2012	2013	2014	2015	2016	2017
Victoria	7443	7645	7800	7831	8021	8246	8121	8123
South Australia	2423	2340	2355	2614	2799	2504	2848	2477
Western Australia	1131	1121	1147	1060	1090	1124	1129	1078
Northern Territory	318	291	353	344	264	316	266	235
Queensland	339	417	406	371	297	375	370	399
New South Wales	110	92	96	122	158	122	176	124
ACT	488	506	468	407	399	392	455	454
Total:	12,257	12,412	12,625	12,749	13,028	13,079	13,365	12,890

Awards and recognition

The following awards were decided and presented at the National competitions New South Wales in July 2017 -

Official of the Year - Shirley Pettitt, Vic
Coach of the Year - Stefanie Bond, Vic
Volunteer of the Year - Belinda Coghlan, Qld

ACF Life Membership

Barbara Nickless and Christine Polglaze were awarded Life Membership and both were in attendance to receive their recognition at the National Championships in Sydney.

Special Recognition

Letter of thanks awarded to Sue Smith in recognition of her valuable contribution to the Skills program spanning many years.

Congratulations to our award recipients.

Meetings

The ACF AGM was held 19 March 2017.

The ACF Council met twice:

- 18-19 March 2017
- 7-8 October 2017

The ACF Committee of Management met:

- 4 February 2017
- 6 May 2017
- 19 August 2017
- 18 November 2017

Summary of major achievements throughout 2017

Adjudicators' Advisory Board

- ASCA membership declined slightly over 2017, to 72 members - due to 3 retirements and only 2 new Cadets.
- Accreditation levels remain high with more than half of the members (58%) in Advanced 2 or Advanced 2 Maintenance.

Examiners' Advisory Board

- 2789 candidates participated in the skills program
- 41 gold medal silver and bronze, including 5 with Gold Medal Honours for Victoria and NT achieves its first successful Gold Medal candidate. ACT had their first candidate qualify to present Gold Medal Honours at the 2018 National Championships in Canberra.

National Competitions

- 29th National Championships were held at NIDA Theatre in Sydney in July 2017. It was 21 years since NSW last hosted and a huge congratulations to the organising committee for their tenacity and strong commitment to a successful event.

Australian Calisthenic Federation Coaching Council

- 167 new cadet accreditations
- 95 new Level 1 accreditations
- 2 new Level 2 accreditations
- Tech Guide App ready for release
- ASC Accreditation
- Preparing for 2020 Coaching Conference

Development projects

ACF funded the following projects in 2017

- \$17 000 to cover completion of the Technical Guide app
- \$2 880 to Victoria for coaching development workshops for ACF skills program
- \$5 700 to Northern Territory for sustaining coach and participant development
- \$4 400 to Queensland for coach and mentoring for state team development

Live Streaming Nationals 2017

This continues to be a successful program and in 2017 was paramount to the success of the event due to limited seating availability at NIDA.

I wish to express my sincere thanks to ACF Council delegates, my fellow Committee of Management team for your valuable contributions, your friendship, support and encouragement throughout 2017. Thank you to all States for your support and dedication in meeting our objectives for the year.

A handwritten signature in cursive script that reads "Liz Kratzel".

Liz Kratzel
ACF President

Adjudicators' Advisory Board

During 2017, AAB delegates met in Melbourne (21-22 January) and Sydney (3-4 July).

AAB Delegates

ASCA delegates who attended the meetings in 2016 were:

- Western Australia - Margaret Bourne and Dawn Chester
- South Australia - Jennie Feutrill, Kate Loveridge and Lisa Vettese
- Victoria - Alison Lewis and Shirley Pettitt
- Director of Adjudicating - Kerryn Waddell

ASCA Membership

ASCA membership declined slightly over 2017, to 72 members - due to 3 retirements and only 2 new Cadets.

Accreditation levels remain high with more than half of the members (58%) in Advanced 2 or Advanced 2 Maintenance.

ASCA Membership by Accreditation – 2017

Year End December 2017	South Australia	Victoria	Western Australia	Total
Advanced 2 Maintenance	9	17	7	33
Advanced 2	2	4	3	9
Advanced 1	-	3	1	4
Advanced	1	3	1	5
Years 4, 5, 6	3	5	1	9
Cadets	1	5	2	8
Distance Ed Cadets	-	2	1	3
Leave of Absence	-	1	-	1
Retired	(1)	(2)	-	(3)
TOTAL Members	16	40	16	72

ASCA Membership by Accreditation – 2016

Year End December 2016	South Australia	Victoria	Western Australia	Total
Advanced 2 Maintenance	9	19	7	35
Advanced 2	3	4	3	10
Advanced 1	-	3	1	4
Advanced	1	4	1	6
Years 4, 5, 6	3	3	1	7
Cadets	1	5	2	8
Distance Ed Cadets	-	2	1	3
Leave of Absence	-	-	-	-
TOTAL Members	17	40	16	73

In 2017, the ACF Official of the Year was awarded to Shirley Pettitt and ACF Life Membership was presented to Barbara Nickless. The adjudicators at the ACF National Championships were Susan Anderson and Bronwyn Lloyd (VIC); Heather Lange (WA) and Heather Hawley (SA).

Accreditation

2017 was the second year of the current NOAS accreditation cycle. Apart from attending meetings and practical hours of adjudicating, seminars undertaken as part of the National Officiating Accreditation Scheme included:

- Review of the Rules (ACF, State specific and RSSS)
- Adjudicating Solos and Duos
- Stage Show or Theatre Performance Review
- Core Item Critique Writing
- Cheerleading and Officiating

An Adjudicating Conference was held in Melbourne for ASCA members to discuss National issues including rules, seminars and changes to critique papers currently under review.

Progress/Achievement of Strategic Priorities

Priorities	Strategies adopted/continued in 2016
To increase the recruitment and retention of adjudicators	<p>Promoted adjudicating on the ACF website including:</p> <ul style="list-style-type: none"> • an overview of the training and education requirements of the Cadet Adjudicator and Advanced Adjudicator programs • inclusion of a Cadet application process • biannual profiling of an adjudicator <p>Promoted adjudicating on State Association websites and in State/Coach newsletters</p> <p>Promoted adjudicators and awards in the ACF Nationals program</p> <p>Adjudicators presented at Coach meetings/seminars and at Writers seminars</p> <p>Mentoring of Cadets and Elementary Adjudicators by Advanced 2 Adjudicators</p> <p>Encouraged potential Cadets in states without an ASCA Branch to consider the DE Cadet program</p>
To improve the adjudication process	<p>On-going discussion at ASCA State branches and the AAB on critiques and the mark-up. With trials of revised critiques in all States and Territories</p> <p>Generating feedback from adjudicators on the ACF National Rules</p> <p>On-going monitoring and discussion of new movements seen in performances</p>
To improve the adjudicators' performance	<p>Conducted consensus moderation after each item specific seminar to improve consistency in adjudication.</p> <p>Accreditation seminars were recorded for use by adjudicators, including Distance Education and interstate</p> <p>Continued use of a Marking Guide (benchmarking tool) to improve consistency of marking between Adjudicators</p> <p>Liaised with State Associations and competition personnel to extend adjudicating invitations for panels and to interstate Adjudicators.</p>

Aims of the AAB

- To foster unity between the State/Territory Branches of the Australian Society of Calisthenic Adjudicators (ASCA)
- **To enhance the development of Calisthenic adjudication through the implementation** and evaluation of a National Cadet Training Course and Accreditation Program.
- To promote communication and positive liaison with the ACF, all Calisthenic bodies and the Australian Sports Commission through Sport Education and the National Officiating Accreditation Scheme

Key Activities and Challenges

- Updating the ASCA Constitution, Handbook, Policies and Procedures
- Maintaining/updating Adjudicator training resources and Cadet Course modules
- On-going monitoring of the Mark-up, critiques and ACF Rules
- Recruitment of adjudicators
- Ongoing support for Distance Education adjudicators
- Maintaining an Adjudicators' Accreditation Register
- Seeking feedback on the Accreditation seminars
- Monitoring adjudicator and competitor safety
- Identifying new movements (without a name or causing concern)
- The establishment of an archive of AAB files and resources

The AAB appreciates the support of the ACF in allowing the AAB to: meet biannually, make recommendations to the ACF and ASCA State branches; and ensure that positive liaison is maintained with all Calisthenic stakeholders for the benefit of Calisthenics.

Kerryn Waddell

Director of Adjudicating



Australian Calisthenic Federation Coaching Committee (ACFCC)

The ACFCC met twice during 2017 – Melbourne on 13th & 14th January and Sydney on 9th July.

We have had a few changes to delegates this year and I would like to thank our outgoing delegates for their time and assistance and welcome the new delegates to our sub-committee. Delegates who retired throughout 2017 are: Heather O'Connor SA, Keira Cowell and Rebecca Rose VIC and Cassandra Smith NT. New delegates joining throughout 2017 and into 2018 are: Caitlin Carroll SA, Kyla Field VIC, Cherie Zealley VIC, Julie Murray NT. Thank you to our continuing delegates: Kayla Kearney SA, Christine Polglaze WA, Karen Quin WA, Denise Spencer ACT, Rachel Holdway ACT, Jodie Morton NSW, Rebecca Taylor NSW, Jess Cunningham QLD and our registrar Alex Otzen VIC.

COACH NUMBERS

NUMBER OF REGISTERED COACHES DECEMBER 2017

STATE	CADET COACHES	RECREATIONAL LEVEL 1 COACHES	LEVEL 1 COACHES	LEVEL 2 COACHES
ACT	37		80	1
NSW	6		18	
NT	12		31	
QLD	20	1	44	
SA	58		292	2
VIC	168	17	732	13
WA	73		145	4
INTERNATIONAL			1	
TOTAL	374	18	1343	20
TOTAL COACHES	2017 - 1381			Dec
	Cadets 1755			Including

NUMBER OF REGISTERED COACHES DECEMBER 2016

STATE	CADET COACHES	RECREATIONAL LEVEL 1 COACHES	LEVEL 1 COACHES	LEVEL 2 COACHES
ACT	35		81	1
NSW	6		21	
NT	5		30	
QLD	3	1	42	
SA	77		295	2
VIC	162	18	706	13
WA	56		157	3
INTERNATIONAL			1	
TOTAL	339	19	1333	19
TOTAL COACHES	2017 – 1371			Dec
	Cadets 1710			Including

Throughout 2017 the ACFCC have continued to work to the current Strategic plan components relevant to coaching and coach education. Although there isn't a huge increase in total numbers of coaches across the country it is important to note that as well as new accreditations there has been considerable movement throughout 2017. There have been 167 new cadet accreditations, 95 new Level 1 accreditations including 5 previous Recreational coaches, 2 Level 2 accreditations, 6 new Recreational coaches and a large number of coaches retire from active coaching. Many of these coaches have moved on to take up mentoring roles sharing their experience to assist new coaches.

TECH GUIDE APP: The Tech Guide App is in the finally ready for release. New Cadets and Coaches, Rec, L1 and L2 coaches and participants will be able to purchase the app for both apple and android devices from February 2018. This is a fabulous resource for calisthenics and will be updated regularly as needs arise. This mammoth task has taken thousands of hours to put together and thanks must go to Christine Polglaze WA, Carolyn Fortune SA, Emily Gray SA, and Hannah Gibson WA for completing this task voluntarily over the past couple of years. Congratulations on a job well done. Many thanks for the support of the ACF both financially and motivationally to allow this project to be completed.

ASC ACCREDITATION: In June, Alex Otzen (registrar) and I were invited to present our Coaching and Training Frameworks and Risk assessment framework at a meeting in Melbourne. The Frameworks cover who our participants are, their needs, the levels of risk, Coaching accreditation and the needs of Coaches and the overall needs of our sport from a coaching perspective. The ASC was confident that our framework satisfies the needs of our sport and have now allowed us to maintain our own database and re-accredit our own courses. We will still be registered with them and will re-assess our needs and framework as the sport evolves. We received funding to assist with the transfer to our own central database. It was a valuable experience to share and hear how other sports both large and small work through accreditation and coaching within their sports. Our framework will be reviewed bi-annually to maintain an effective and current document.

COURSE UPDATES: In 2017 we began the task of updating and rewriting several courses. The exciting news is that several of the level 1 course modules are now available online. These modules can be utilised to reduce the face to face time required for level 1 courses therefore reducing hall hire and presenters fees, they can be used for updating, refresher courses for returning coaches or to assist the smaller states who sometimes struggle for presenters. Our aim is to add to the number of online courses in the coming years. For information on how to access these courses contact Alex Otzen registrar or your state ACFCC delegate.

Several level 2 courses and other level 1 modules will be rewritten and updated throughout 2018 and beyond to ensure the relevance, and rigour of our courses.

2020 CALISTHENIC CONFERENCE: We thank ACF for approving the 2020 Calisthenic Conference to be held at the Adelaide Convention centre, January 17 – 19 2020. The deposit has been paid and planning has begun for what will be a very different conference format that we hope will invigorate, enthuse and motivate coaches moving into another decade in our fabulous sport. Information will be available through ACFCC delegates mid 2018.

Carolyn Fortune
ACF Director of Coaching

Competitions

National Championships

The 29th National Championships were hosted jointly by New South Wales Calisthenics Association and ACF and were held at the National Institute of Dramatic Arts in Sydney.

Adjudicators for the Nationals were:

- Susan Anderson
- Heather Hawley
- Heather Lange
- Bronwyn Lloyd

The Championships comprised Calisthenic Solo, Graceful Solo, Calisthenic Duo and Team Events. The following is a précis of the program

Solo/ Duo Events

Section	Entries	Item	States Represented	Result
Junior	23	Graceful Solo	ACT, NT, NSW, Qld, SA, Vic, WA	1 st place Samantha Scott (Western Australia) coached by Tiffany Colbran
Junior	19	Calisthenic Solo	ACT, NSW, NT, Qld, SA, Vic, WA	1 st place Bella Faulkner (South Australia) coached by Toni-Louise Barnes
Intermediate	24	Graceful Solo	ACT, NT, NSW, Qld, SA, Vic, WA	1 st place Hayley Worsman (South Australia) coached by Rebecca Aplin
Intermediate	15	Calisthenic Duo	ACT, NT, Qld, SA, Vic, WA	1 st place Kristen Taylor & Hannah Whittome (Western Australia) coached by Melissa Hoppenbrouwers
Senior	23	Graceful Solo	ACT, NSW, NT, Qld, SA, WA, Vic	1 st place Cara Bracknell (Western Australia) coached by Nerida Smith
Senior	19	Calisthenic Solo	ACT, NT, NSW, Qld, SA, WA, Vic	1 st place Stephanie Regan (Western Australia) coached by Leah Staggard

In all Graceful and Solo/Duo sections only Open Division was contested. Each state was eligible to enter 4 competitors in the Graceful sections and 3 competitors in the Solo/Duo sections with competitors only able to enter either Graceful or Solo/Duo.

Calisthenic Team Events (All States compete in Open Division)

Section	Items	States Represented	Results
Sub-Junior	Figure March, Rod Exercises, Free Exercises, Aesthetic, Song with Action/Movement	Australian Capital Territory, Northern Territory, South Australia, Victoria & Western Australia	1 st Western Australia (22 pts) 2 nd South Australia (20pts) 3 rd Australian Capital Territory (12pts)
Junior	Figure March, Club Swinging, Free Exercises, Rod Exercises, Aesthetic, Calisthenic Revue	Australian Capital Territory, New South Wales, Northern Territory, Queensland, South Australia, Victoria & Western Australia	1 st Victoria (32pts) 2 nd Western Australia (22pts) 3 rd South Australia (19pts)
Intermediate	Figure March, Club Swinging, Free Exercises, Rod Exercises, Aesthetic, Dance Arrangement	Queensland, South Australia, Victoria & Western Australia	1 st South Australia (26pts) 2 nd Western Australia (24pts) 3 rd Victoria (20pts)
Senior	Figure March, Club Swinging, Free Exercises, Rod Exercises, Aesthetic, Rhythmic Interpretation	Australian Capital Territory, New South Wales, South Australia, Victoria & Western Australia	1 st Western Australia (25pts) 2 nd Victoria (24pts) 3 rd Australian Capital Territory (23pts)

Thank you to Narelle Drake and Tara Sullivan for co hosting a very robust 29th National Championship. ACF appreciate the enthusiasm in which each state contributed to its success.

ACF Awards

Each year the ACF receives nominations for individual awards for recognition for Coach of the Year, Official of the Year, Volunteer of the Year and most recently the Diamond Coach of the Year.

National Rules

Kerry Sargent continues to chair the Rules Advisory Committee and spent many hours revamping the look of the ACF Rules Book. The next Rules Forum will be held in 2020.

Future National Championships

In 2017 the rotation of items for Solo/Duo events included Junior Calisthenic Solo and Graceful Solo, Intermediate Calisthenic Duo and Graceful Solo and Senior Calisthenic Solo and Graceful Solo.

The 30th National Championships are to be held in Canberra in July 2018.

Anita Roser

ACF Director of Competitions

Examiners' Advisory Board

Table 1 identifies the number of participants in Skill Programmes 1 January to 31 December 2016 and compares the last 6 years.

State / Territory	2012	2013	2014	2015	2016	2017	% of 2017 competitive participants
ACT	161	92	85	107	115	143	32.13%
NSW	22	9	54	28	62	24	21.62%
SA	485	427	527	646	611	601	26.71%
VIC	1455	1315	1102	1425	1467	1523	19.77%
WA	305	246	310	315	272	287	32.35%
QLD	85	93	73	84	90	147	38.68%
NT	94	96	71	78	101	64	40.25%
TOTAL	2607	2278	2222	2683	2718	2789	

Skills Programs and Examinations were conducted in the following locations

- February - South Australia (Adelaide), South Australia (Class Examination), Melbourne (supplementary exams), Western Australia (Perth) medal exams
- March – Melbourne (medals), Sydney metro
- May/June – Melbourne, Geelong, Mildura
- November/December – ACT, Northern Territory (Darwin), Victoria (Ballarat, Bendigo, Geelong, Sale, Shepparton, Melbourne, Warrnambool, Wodonga), South Australia (Adelaide, Mount Gambier, Whyalla), QLD (Fraser Coast, Gold Coast, Sunshine Coast, Brisbane), WA (Perth and Mandurah - regional), Sydney (metro)

Table 2: Examination levels conducted

State / Territory	Levels Examined
ACT	Test 1 to Gold Medal
SA	Test 1 to Silver Medal
VIC	Test 1 to Gold medal Honours
WA	Test 1 to Gold Medal
QLD	Test 1 to Silver Medal
NT	Test 1 to Gold Medal
NSW	Test 1 to Grade 4

Table 3: Number of participants at each level per State/Territory in 2017

	ACT	SA	VIC	WA	QLD	NT	NSW	Total
Test 1	27	86	181	52	20	8	3	377
Test 2	20	122	229	53	27	14	3	468
Test 3	29	136	326	52	38	12	13	606
Standard 1								
Grade 1	21	122	252	46	26	15	1	483
Standard 2			1					1
Grade 2	18	77	221	46	17	8		387
Standard 3								
Grade 3	18	29	142	24	4	3	1	221
Standard 4			1					1
Grade 4	8	25	140	9	12	2	3	199
Bronze Medal		2	16	1	2			21
Silver Medal	1	2	4	0	1	1		9
Gold Medal	1		5	4		1		11
Gold Medal Honours			5					5
TOTAL	143	601	1523	287	147	61	24	2789

Table 4: Statistics for the Examination period 1st January – 31 December 2017

	Test 1	Test 2	Test 3	G1	S2	G2	G3	S4	G4
Number Presented	377	468	606	483	1	387	221	1	199
Honours with Distinction				46		38	41		29
Honours	27	48	95	81		72	40		24
Credit Plus	36	53	92	90		72	41		42
Credit	63	89	117	94		73	40		42
Highly Commended	67	62	95	65		51	18		24
Commended	35	75	96	50		31	18		15
Pass Plus	12	22	25	23		20	7	1	9
Pass	12	7	21	11		7	1		3
Satisfactory	123	104	50						
Unable to Qualify	2	3	9	19	1	21	13		9

Table 4: cont

	Bronze Medal	Silver Medal	Gold Medal	Gold Medal Honours
Number Presented	21	9	11	5
Honours with Distinction	4	3	5	5
Honours	6			
Credit Plus	5	1	4	
Credit	2	4		
Highly Commended	3	1		
Commended	1			
Pass Plus				
Pass				
Unable to Qualify				

Table 5: Distribution of Examiners and status

Several Trainees have been welcomed to Examining

	2017	Status
South Australia	9 Examiners 1 Trainee	4 x Test 3 1 x Grade 1 1 x Grade 2 1 x Grade 4 1 x Upgrading to Silver 1 x Gold Medal
Western Australia	4 Examiners	2 x Upgrading to Grade 1 1 x Grade 4 1 x Grade 2
Victoria	13 Examiners	1 x Test 3 1 upgrading to Grade 1 2 upgrading to Grade 2 2 x Grade 2 3 x Grade 3 1 upgrading to Grade 4 1 upgrading to Bronze 1 upgrading to Gold 1 Gold Medal
Queensland	1 Examiner 2 Trainees	1 x upgrading to Grade
Northern Territory		
New South Wales		
Australian Capital Territory	2 Examiners 1 Trainee	1 x Test 3 1 x Grade 1
Total	29 Examiners 7 Trainees	

Examiners continue to officiate with a high level of professionalism. The manner in which exams are conducted, assessment papers completed and results returned to administrators demonstrates the commitment of examiners and supports the ongoing success of the program.

This year Northern Territory achieved its first successful Gold Medal candidate. Victoria had five Gold Medal Honours recipients and ACT had its candidate qualify to present for Gold Medal Honours (to take place at the 2018 ACF National Championships).

Examiner appointments

Roberta Dwyer Smith	Test 1 – Grade 4	NSW
Maree Colledge Michelle Symons	Test 1- Grade 1 Test 1 - Silver	Queensland
Lisa Beecken, Michelle Gaffney, Danae McGregor, Dianne Nicholls, Deanna Papalia, Meredith Phillis, Michelle Symons, Diane Winterling	Test 1 – Silver Medal	South Australia
Jacqui Hendriks, Cassandra Smith, Karen Quinn, Dawn Chester	Test 1 – Grade 4	Western Australia
Julie Fox	Medals	Western Australia
Two Examiners Roberta Dwyer Smith & Julie Fox Alex Otzen 12 local Examiners B Lloyd, J Fox, R Just, A Philipsen, B Nickless, K Finlayson, J Godber & A Otzen 14 local Examiners and Michelle Symons (SA)	February Supplementary Exams March Medal Exams Mildura May June exams Sale, Geelong, Ballarat, Bendigo, Shepparton, Warrnambool and Wodonga Nov-December exams	Victoria
Carmen Menzel, Stephanie Horton, Diane Winterling	Test 1- Gold Medal	ACT
Cassandra Smith, Diane Winterling	Test 1- Gold Medal	NT

The Key Activities and Issue for States/ Territories 2017

	Key Activities 2017	Issue for 2018 and beyond
Australian Capital Territory	Continued increase in participation in the program More girls continuing to higher levels	Continue to promote the benefits of the program to clubs Continue development of skills coaches
Northern Territory	We had 64 candidate attempt skills across all levels, Test 1-Gold medal We had 61 successfully pass. 3 UTQ. Caitlin Hughes obtained the first Gold Medal for NT, we received 3 Honours We changed the way we ran compulsory classes which was well received by candidates and coaches. We will be running skills again in March 2018	Time frame for entry form. Compulsory classes to run before entry form are due, so candidates can withdraw without losing their entry fee.
New South Wales	To continue to offer exams to all members	To continue to offer exams to all members
Queensland	To continue to offer skills to all participants in Queensland and if possible in their location to minimise travel	Difficulty in covering all locations with examiner availability Examiners had very long days trying to accommodate all candidates in one weekend
South Australia	Number of candidates presenting continues to remain steady Number of medal candidates in 2017 not as many as previous year More Examiners need to be qualified through to Grade Level	More Examiners need to be qualified through to Grade Level A number of trainee Examiners need to be recruited
Western Australia	A shortage of local (WA) Examiners – Recruitment strategies Kristina Readhead is keen to further her love of Skills by becoming an examiner. She has promised to submit her paperwork in 2018. Encouraging local examiners to upgrade Jacqui Hendriks is currently upgrading to be able to examine Grade 1. Cassandra Smith has only Stage 4 of her Grade 1 upgrade to do. Karen Quinn has promised to submit her paperwork to begin her upgrade to be able to examine Grade 3. Promoting Medal Exams	Educating the WA Calisthenic community about the importance of Calisthenic Skills. Encouraging coaches and the Calisthenic community to become familiar with the resources available on the ACF Website (videos and music). Encouraging 'Skills passionate' local coaches to take on Prep Class Coach roles. Encouraging 'Skills passionate' Prep Class coaches to consider becoming examiners.

<p>Victoria</p>	<p>With approval from ACF, Victoria decreased size of certificates to A5 – reducing print and postage costs.</p> <p>With approval from ACF, Victoria stopped distributing the ACF Progressive Certificates/Stickers with hard copy exam results. Candidates are able to request these via an Order Form accompanied by return address envelope.</p> <p>Increased number of entries overall during the year. Annual pass rate and withdrawal rate remain constant.</p> <p>Greater number of pupils progressing to Grade 4. 2017 saw 39 young Victorians achieve Grade 4 Honours / Honours with Distinction.</p> <p>Heightened interest in the Medal Program. 2017 was first time five (5) candidates successfully achieved Gold Medal Honours in any one year.</p> <p>Increasing number of regional centres requesting to host skills exams – up to 8 different locations in 2017.</p> <p>2017 Nov/Dec exam operating expenses exacerbated by increased intrastate Examiner travel, an interstate higher grade accredited Examiner required to service candidate assessments in Melbourne whilst Victorian Examiners were at regional centres, and one day's exams cancelled due to adverse weather across the state. This affected one suburban one regional centre which had to be re-scheduled with one week's notice.</p>	<p>Continuing liaison with CVI to support and improve the delivery of the ACF Skills Program in Victoria.</p> <p>Likewise with VCCA to encourage skills coaching excellence.</p> <p>Up-to-date information for Victorian members and communication therewith.</p> <p>On-going support of Victorian Examiners.</p> <p>On-going communication with the ACF EAB.</p>

Table 6: Progress/achievement against strategic plan

Progress / achievement of strategic priorities against the EAB strategic plan	
Update the syllabus and coaching tools regularly to ensure alignment with correct terminology, technique and additional movements.	<i>Resources updated and uploaded to the ACF website annually</i>
To ensure all State/Territory Administrators recognise the importance of their role at a national level.	<i>Retain and upskill Administrators including the ACF database.</i>
Continue to monitor financial aspects of the Calisthenic Skills Program to ensure it remains viable.	<i>EAB meeting includes evaluation of expenditure and income. One meeting per year now online requiring interstate travel for only one meeting.</i>
Continue to encourage Examiner recruitment and succession planning.	<i>To increase the number of qualified Examiners by 5% per year. To recruit and train an Examiner in every State & Territory.</i>
Monitor Medal syllabus and ensure relevance to current skill level among calisthenic participants.	<i>To increase the number of participants annually by 5% per year. To increase the number of participants successfully continuing through to Medals in each State/Territory.</i>
Encourage Examiner upgrading.	<i>To retain accredited Examiners and encourage upgrading.</i>
ACF Database	<i>Use of database nationally for results</i>

The Key Activities for the Examiners Advisory Board in 2017

- Continual review of examination costs
- Production & Distribution of the annual EAB newsletter (March 2017)
- Preparation of the annual budget
- Providing opportunities for all Examiners to travel interstate to officiate at examinations
- Continue to Support Administrators
- Ensure accuracy of information uploaded to the ACF website
- Examiner seminars facilitated in Vic, WA and SA
- Updating of Examiner handbook
- Updating of Guidelines for Candidates and Coaches
- Providing technical expertise as requested through ACF
- Recruitment of appropriate coaches to train as examiners
- Development of a process for non-attendees to the examiner seminar and meeting to maintain accreditation
- Supporting trainee examiners
- Maintaining Calisthenic Skills presence on the ACF website
- Recruiting & retaining “Trainee Examiners”
- Planning for and implementing succession of key personnel
- Development of EAB Administration Manual as part of succession planning
- EAB meetings and responsibility sharing commenced as part of the restructure
- Continue to monitor trainee examiners and examiners who should apply to upgrade

- Medal examiner training
- Consider review of assessment papers to a possible electronic format
- ACF National database

Diane Winterling
EAB Convener /ACF Director of Skills



Information and Communication Technology

NATIONAL PARTICIPATION REGISTER (DATABASE)

Throughout 2017 the National Database has proven to be worthy investment to the ACF. The information within has assisted us in analysing a number of projects and tasks. These include:

- Age review analysis
- National Championships review
- Skills program analysis, and
- Financial forecasting and billing.

Thank you to the Member States who are actively utilising the system.

Victoria are still yet to access and use the database. The ACF Council have responded to all the requests made from Victoria and actively seek their cooperation with the national strategic directions of the ACF Council. With the majority of participant membership coming from within Victoria it poses difficult for ACF to analyse accurately without Victoria's membership data.

During 2018 we will be aiming to achieve the successful import of our ACFC and EAB memberships providing full utilisation of the system.

WEBSITE

Our website continues to be updated with information as issued by Committee of Management, its Sub-Committees and Council.

Our website displays up-to-date resources available by ACF. These include:

- Competition rules and regulations;
- Competition critique sheet templates;
- Policy documents;
- Constitution and By-Laws;
- Skills syllabus documents, videos and music tracks;
- Adjudicator member forms;
- ACF award nomination forms;
- State development funding application form; and
- Coach education and member forms;

The structure of website is now becoming a familiar platform for our members, with our online shop has increased in sales and usage.

IT SUPPORT SERVICE

The database and website has continued to be serviced by the same supplier, Pixel2Digital. Combining both services offered ACF financial benefit and a cohesive operational platform.

Inclusions for combined services are:

DATABASE	WEBSITE
✓ Hosting and server maintenance/support	✓ Design and development
✓ Back up	✓ Hosting and server maintenance/support
✓ Service support via ticketing system	✓ Service support via ticketing system
✓ Escrow service	✓ Online shopping cart

During 2017 our support provider has monitored and implemented security updates where required.

DATA MANAGEMENT

Our data management platform; Dropbox Pro, is being actively used by all members of the Committee of Management. In 2018, we will be providing accessibility to ACF Council members.

SOCIAL MEDIA

Our social media pages are monitored and regulated in accordance with our communications policy. These online systems allow for current and up-to-date information to be disseminated in real-time, and provide our members the platform to view and provide feedback direct to ACF.

Tara Sullivan
ACF Director of ICT

Planning

NIL formal report due to position being vacant. It was decided not to pursue this position at this time and would await the outcome of the pending structural review.

Structural Review

The proposal for a Structural Review was accepted and request for quotes advertised. Three (3) applications were received and Council agreed to accept Mike McLaughlin and Associates. The project was mapped and the initial discussion via teleconference took place in September 2017. Progress continues and is on track to table the findings at the March 2018 Council meeting. Thank you to all states for your support and contribution to this project.

Our review of compliance with the Australian Sports Commission will be due mid 2018 and we look forward to being able to demonstrate our continued strategic development in order to achieve ongoing recognition as a member of the ASC.



Australian
Calisthenic
Federation

Four-Year Operational and Strategic Plan
January 2015 – December 2019

Progress Report as at 31 December 2017

Australian Calisthenics Federation



Australian Government

Australian Sports Commission

KRA 1: MANAGEMENT

Objective: To ensure Calisthenics strives for effective management to provide a sustainable organisation at National and State level

Category	Strategic priorities	Key performance indicators	Progress as at Dec 2017
Operational objectives			
1.1 Governance	1.1.1 Implementation of ASC policies and requirements	Meet 100% of the ASC good governance expectations and reporting requirements and timelines	Progress well underway and expected outcome to be delivered mid 2018.
	1.1.2 Adopt policy requirements into ACF Constitution and By-Laws	Identify the changes required to the Constitution and By-Laws and modify them accordingly for approval at Annual General Meetings and Council Meetings	Fully compliant
		Implement limited tenure to subcommittee by 2015	Completed
	1.1.3 Update the policies in accordance with the policy update register or on a needs basis	Identify any changes needed to a policy once having worked through a case or situation and redraft the policy for comment within 4 weeks	Updated to schedule except for Risk Management and Infection Control.
	1.1.4 Ensure SSAs comply with policy requirements	All SSA websites link to the ACF website policy section	In Progress.
	1.1.5 Improve SSA complaint handling methods	Reduction in the number of complaints escalated to ACF by 50% by y/e 2016	Achieved
1.2 Financial management	1.2.1. Maintain good financial management practices	Auditor reports no major anomalies	Achieved – no major anomalies reported at audit
	1.2.2 Sustain and grow sources of revenue	5% increase in revenue per year	New source of revenue: Sales of championship DVDs – under review due to privacy issues and compliance
	1.2.3 Prepare a Financial Management Plan	Completed by November 2016	Financial plan – in progress
	1.2.4 Review availability of national grants	Completed by July 2016	Not available. Will pursue further

Category	Strategic priorities	Key performance indicators	Progress as at Dec 2017
1.3 SSA support	1.3.1 Implementation of a National Data Base	All states on the Data Base in 2016	All states on Data Base in 2016 except Victoria
1.4 Communications	1.4.1 Update of website	Website content to be reviewed and updated at least monthly	Regular monitoring of information on website and updated in a timely manner as required.
	1.4.2 Centralisation of records and documents	All ACF working documents to be stored in the ACF drop box by end 2015	Drop box functioning and records transferred
	1.4.3 Create a consistent 'look' to all ACF documents	ACF Style Guide and templates to be prepared by March 2016 100% of existing documents converted to updated format by y/e 2016	Prepared In progress – nearing completion
1.5 Risk management	1.5.1. Adopt strategies to manage identified risks	Review Risk management policy by 31 March 2016	Ongoing Progress
1.6 ACF Council member skill	1.6.1 Assess and upgrade the skills levels of ACF Council Members	Skills audit of Committee of Management conducted by March 2016	Will be ongoing during the structure review
		At least one member development program run each year at a Council meeting	In progress
1.7 Junior Sports Framework	1.7.1 Update the Junior Sports Framework in association with SSAs	Review of Framework to be completed December 2016	In progress
1.8 ASC recognition	1.8.1 To retain sports recognition with the ASC	On-going to July 2019	On-going
1.9 Project management	1.9.1 Implement electronic project management controls for all projects managed by the ACF COM	All projects to be on Asana by y/e 2015	Ongoing

NOTE: The Strategic Plan will be totally reviewed within the scope of the Structural Review, ensuring we are adhering to best practice and within the framework set for Nationals Sporting Organisations.

Category	Strategic priorities	Key performance indicators	Progress as at Dec 2017
Strategic objectives			
1.10 Review the ACF Constitution	1.9.1 To update the Constitution to meet legislation and current ACF requirements	March 2016	Completed
1.11 Good Governance Review	1.10.1 Conduct a self-review to assess if ACF aligns with the ASC's Mandatory Sports Governance Principles and Australia's Winning Edge	August 2015 Develop strategies to more closely align ACF Governance requirements by March 2016	Completed In progress – revised approach with the Structure Review

KRA 2: HIGH PERFORMANCE

Objective: To foster the success of national calisthenic competitions

Category	Strategic priorities	Key performance indicators	Progress as at December 2017
Operational objectives			
2.1 National Championships	2.1.1 National Championships to return a profit with the surplus being reinvested in coach and participant skill development	To meet or exceed budget	2017 Nationals returned a profit – actual figures were not available at the time of this update.
	2.1.2 To upgrade operating procedures of the competition	To be completed within three months of each competition	Completed
	2.1.3 To have the majority of states compete at each National competition	At least four states represented at each section	Major achievement with all states competing in our Junior team Championship. Other sections were suitably represented.
2.2 Anti-doping	2.2.1. Support the anti-doping policies, rules and programs that conform to and comply with the ASC's anti-doping core provisions	Achieve compliance with anti-doping requirements	Policy compliant.
2.3 National Masters Calisthenics	2.3.1 Participate in the 2016 Pan Pacific Masters Games	Present at least 15 teams to the PPMG Attain break even financial status	No competition in 2017
2.4 Rules	To update the National Rules on a consultative basis	Reviewed and finalised by 2019	Finalised and effective from 1 January 2018

Category	Strategic priorities	Key performance indicators	Progress as at December 2017
Strategic objectives			
2.5 Elite national club and solo competition	2.5.1 To consider a club competition in 2017 with seniors – teams and seniors	Have at least 4 states represented with at least 2 club teams each	Didn't eventuate – not feasible, didn't get state majority endorsement.
	2.5.2 Consider the conduct of a 'Calisthenician' solo title which includes multiple calisthenic disciplines	Compete at Hamer Hall or equivalent Generate profit of at least \$50,000 for event Include at least 16 competitors	2014 Nationals held at Hamer Hall.

KRA 3: SPORT DEVELOPMENT

Objective: To grow the participation and interest in Calisthenics through a range of strong development programs, that are agreed to and implemented in partnership with state calisthenic associations and member clubs.

Category	Strategic priorities	Key performance indicators	Progress as at December 2017
Operational objectives			
3.1 Program revitalisation	3.1.1 Update the suite of items offered to more accurately meet the needs of existing and potential participants	Conduct review of suite of items during 2016.	In progress
3.2 Clubs	3.2.1. Support the SSAs in building and promoting calisthenics	5% increase in state membership levels each year from 2015	In progress - .4% increase in 2015
3.3 Coach development	3.3.1 To Increase the number of Calisthenic Coaches	5% per year	2014 – 1304 and 2015-1348 = 6 .2% increase
	3.3.2 Review of ACFCCAP	To be completed mid 2015	Completed
	3.3.3 Review Technical Guide	To be completed January 2016	In progress – scheduled for Jan 2017
	3.3.4 Develop online training for Level 1 Distance Education	2015 – 2016	Not achieved – not started
	3.3.5 Hold a national coaches conference	January 2016	On track with at least 200 coaches registered for the event
	3.3.6 Develop a policy on Body Image	To be implemented January 2017	In progress

Category	Strategic priorities	Key performance indicators	Progress as at December 2017
	3.3.7 Continue to update Cadet, Level1 and Level 2 Coach Education Courses for presentation to ASC to maintain Accredited Sports Status	Ongoing every 4 years.	Compliant
3.4 Official development	3.4.1 To increase the number of qualified examiners	Increase by 5% per year	2 new and 2 approved to upgrade
• Examiners	3.4.2 To recruit and train an examiner in every State and Territory	December 2016	Current number of examiners on the subscription list is 32
	3.4.3 To retain accredited examiners and encourage upgrading	Annual increase in number upgrading	In progress
3.5 Official development	3.5.1 Increase the number of cadet adjudicators enrolled in the distance education program	At least two new Distance Ed cadets enrolled by Feb 2016	3 enrolled
• Adjudicators	3.5.2 Conduct a 6 th National Adjudicators conference	January 2016	On track
	3.5.3 Increase the number of cadet adjudicators	At least two new cadets, per ASCA Branch, enrolled each year	4 SA, 5 Vic, 1 WA
3.6 Skill Development	3.6.1 Upgrade and update Grade 3,4,Standard 3,4,Bronze,Silver and Gold	December 2016	Bronze and silver medal recorded
	3.6.2 Release updated Syllabus via website	December 2016	Gold under development for release 1 July 2016
3.7 Participant Development	3.7.1 To increase the number of skills participants annually	Increase by 5% per year	Cannot provide numbers until Feb 2016 – awaiting annual reports from administrators.
	3.7.2 To increase the number of skills participants successfully continuing through to medals in each state /territory	Increase by 5% per year At least 60% of Administrators continue in their role for at least three years	
3.8 Skills Administration	3.8.1 Retain skill administrators		All skills administrators are continuing to 2016.
3.9 Volunteers	3.9.1 Assist the SSAs to source and retain and motivate volunteers	Provide ongoing support at Council meetings	Discussed via state reports
3.10 Support for developing states	3.10.1 Provide ongoing support with networking opportunities	Bi annually at Council meetings	Completed in 2015

Category	Strategic priorities	Key performance indicators	Progress as at December 2017
	3.10.2 Access to development funds	Applications accepted October each year	Completed in 2015
3.11 Marketing	3.11.1 Assist SSAs to market Calisthenics within their states	Clubs to share resources and marketing strategies at Council meetings Fund a national marketing project at least every two years	Completed via template report Funded Vic in 2015
3.12 Participation rate	3.12.1 Increase the participation rate	Increase by 0.5% per year Implement five strategies to reduce the attrition rate by Dec 2017	In progress
3.13 Modify senior and inter items to suit participant changing needs	3.13.1 Review the suite of items for Seniors and Inters	By 2019	In progress
3.14 Create Development Officer network group	3.14.1 Establish a site to share ideas and ask questions	November 2015 Promoted throughout 2016	Completed In progress

Finance

It is my pleasure to present the 2017 Financials for the Australian Calisthenic Federation.

Paula Dowley
ACF Director of Finance

**AUSTRALIAN CALISTHENTICS FEDERATION
INCORPORATED**

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2017

Statement by Committee of Management

Profit and Loss Statement

Balance Sheet

Notes to the Financial Reports

AUSTRALIAN CALISTHENICS FEDERATION

STATEMENT BY THE COMMITTEE OF MANAGEMENT

In the opinion of the Committee of Management of the Australian Calisthenics Federation for the financial year ended 31 December 2017.

1. Presents fairly the receipts and payments of the Association for the year ended 31 December 2017.
2. Presents fairly the assets and liabilities of the Association as at 31 December 2017.
3. Has been prepared in accordance with the requirements of the Associations Incorporation Act 2010.

The statement is made in accordance with a resolution of the Committee of Management of the Australian Calisthenics Federation and is signed for and on behalf of the Committee by:

Signed in accordance with a resolution of the members of the committee.



.....
President

Elizabeth Kratzel
Name

P Dowley

.....
Treasurer

.....
Name

Dated: 14 February 2018

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF AUSTRALIAN CALISTHENICS FEDERATION

To the members of the AUSTRALIA CALISTHENICS FEDERATION

I have audited the accompanying financial report of the Australian Calisthenics Federation, which comprises, the Balance Sheet Statement as at 31 December 2017, the profit and loss statement for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information and the assertion statement.

Committee's Responsibility for the Financial Report

The Committee of the association is responsible for the preparation and fair presentation of the financial report in accordance with Australian Accounting Standards and the *Associations Incorporation Act 2010* and are appropriate to meet the needs of members. The Committee's responsibilities also include designing, implementing and maintaining internal control relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibility

My responsibility is to express an opinion on the financial report based on my audit. No opinion is expressed as to whether the accounting policies used, as described in Note 1, are appropriate to meet the needs of the members. I conducted my audit in accordance with Australian Auditing Standards. These standards require that I comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purposes of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the committee, as well as evaluating the overall presentation of the financial report.

The financial report has been prepared for distribution to members for the purpose of fulfilling the committee's financial reporting requirements under the *Associations Incorporation Act 2010*. I disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates to any person other than the members, or for any purpose other than that for which it was prepared.

I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my audit opinion.

Independence

In conducting my audit, I followed applicable independence requirements of Australian professional ethical pronouncements.

Electronic Publication of the Audited Financial Report

It is our understanding that the Australian Calisthenics Federation may wish to electronically publish the audited financial report on its website. Responsibility for the electronic presentation of the financial report on the Australian Calisthenics Federation website is that of the Treasurer of the Australian Calisthenics Federation. The examination of the controls over the electronic presentation of the audited financial reports on the Australian Calisthenics Federation website is beyond the scope of the audit of the financial report.

Basis for Qualified Opinion

As is common with other organisations of similar size and function, it is not practicable for the association to maintain an effective system of internal control over cash receipts for contributions, fundraising, donations and event promotions until their initial entry in the accounting records. My audit in relation to these transactions was limited to amounts recorded. I am therefore unable to form an opinion whether ticket sales revenue obtained by the Australian Calisthenics Federation is complete.

Qualified Auditor's Opinion

In my opinion, except for the effects of such adjustments, if any, as might have been determined to be necessary had the limitation discussed in the qualification paragraph not existed:

- (a) The financial report of the Australian Calisthenics Federation is properly drawn up:
 - (i) so as to give a true and fair view of its state of affairs at 31 December 2017 and the results of its operations for the financial year then ended;
 - (ii) in accordance with the provisions of the *Associations Incorporation Act 2010*; and
 - (iii) in accordance with the accounting policies described in Note 1 to the financial statements.
- (b) I have obtained all the information and explanations required; and
- (c) Proper accounting records and other records have been kept by the Australian Calisthenics Federation as required by the *Associations Incorporation Act 2010*.

The financial report has been prepared to assist the Australian Calisthenics Federation to meet the requirements of the *Associations Incorporation Act 2010*. As a result, the financial report may not be suitable for another purpose.



David Perceval
Fellow Chartered Accountant
ICAA Member #45109

February 2018
Canberra ACT

AUSTRALIAN CALISTHENICS FEDERATION

PROFIT AND LOSS STATEMENT

FOR THE YEAR ENDED 31 DECEMBER 2017

	2017	2016
	\$	\$
INCOME		
Affiliation Fees	638	614
Capitation Fees	116,945	115,638
Interest	2,510	1,418
Merchandise	744	1,321
Reimbursements	3,647	3,735
Course Income	14,819	18,625
Strength and Conditioning	818	984
Skill Courses	81,515	79,060
Examiners Subscriptions	1,185	985
Miscellaneous	1,215	1,707
Championship Surplus	219,114	-
Pan Pacific Master Games	-	41,823
Live Streaming	51,582	33,745
TOTAL INCOME	<u>494,732</u>	<u>299,655</u>
EXPENDITURE		
Accounting and Audit	1,500	1,532
ACF Council Expenses	19,758	25,657
Reimbursements	227	457
Bank charges	1,335	1,313
Printing and stationery	113	175
Depreciation	3,725	6,890
Insurance	585	586
Legal Fees	2,009	3,453
Honoraria	4,727	4,728
Website and Database	12,115	22,729
Rules Review	3,118	-
Awards	908	986
National Development	29,263	30,273
Pan Pacific Masters Games	9,477	29,309
COM Meeting Expenses	17,710	15,449
AAB Expenses	11,659	7,888
MPIO Expenses	-	3,000
ACFCC Meeting Expenses	20,643	9,017
ACFCC Administration Costs	553	1,947
ACFCC Course Costs	13,568	38,345
EAB Meeting Expenses	2,512	3,696
EAB Administration Expenses	-	973
EAB Development Expenses	12,322	7,077
Examiner Administration Expenses	1,392	1,158
Examination Skills Costs	70,395	66,164
Championship Expenses	230,159	16,616
Live Streaming	16,208	16,977
TOTAL EXPENSES	<u>485,981</u>	<u>316,395</u>
PROFIT/(LOSS)	<u>8,751</u>	<u>(16,740)</u>

The accompanying notes form part of these financial statements.

AUSTRALIAN CALISTHENICS FEDERATION

ASSETS AND LIABILITIES STATEMENT

AS AT 31 DECEMBER 2017

	Note	2017 \$	2016 \$
ASSETS			
CURRENT ASSETS			
Cash and cash equivalents	3	272,521	241,592
Trade and other receivables	4	8,345	14,394
GST Receivable		8,505	5,111
TOTAL CURRENT ASSETS		289,371	261,097
NON-CURRENT ASSETS			
Plant and Equipment	5	6,146	10,244
TOTAL NON-CURRENT ASSETS		6,146	10,244
TOTAL ASSETS		295,517	271,341
LIABILITIES			
Trade and other payables		15,577	152
TOTAL LIABILITIES		15,232	152
NET ASSETS		279,940	271,189
EQUITY			
Retained profits		271,189	287,928
Current Year (Loss)/Profit		8,751	(16,740)
TOTAL MEMBERS FUNDS		279,940	271,189

The accompanying notes form part of these financial statements.

Note 1: Statement of Significant Accounting Policies

The Board of Directors has prepared the financial statements on the basis that the Association is a non-reporting entity because there is no user dependant on general purpose financial statements. The financial statements are therefore special purpose financial statements that have been prepared in order to meet the needs of the members.

The financial report has been prepared in accordance with the significant accounting policies discussed below, which the Board of Directors has determined are appropriate to meet the needs of its members. Such accounting policies are consistent with the previous period unless otherwise stated.

The financial statements have been prepared on an accruals basis and are based on historical costs unless otherwise stated in the notes. The accounting policies that have been adopted in the preparation of the statements are as follows:

(a) Property, Plant and Equipment

Property, plant and equipment are carried at cost, independent or director's valuation. All assets are depreciated over their useful lives to the association. Each year the difference between depreciation based on the revalued carrying amount of the assets charged to the income statement and depreciation based on the asset's original cost is transferred from the revaluation reserve to retained earnings.

(b) Cash and Cash Equivalents

Cash and cash equivalents include cash on hand, deposits held at call with banks, other short-term high liquid investments with original maturities of three months or less and bank overdrafts.

(c) Revenue and Other Income

Revenue is measured at the value of the consideration received or receivable after taking into account any trade discounts and volume rebates allowed. For this purpose, deferred consideration is not discounted to present values when recognizing revenue.

Revenue recognised related to the provision of services is determined with reference to the stage of completion of the transaction at the reporting date and where the outcome of the contract can be estimated reliably. Stage of completion is determined with reference to the services performed to date as percentage of total anticipated services to be performed. Where the outcome cannot be estimated reliably, revenue is recognised only to the extent that related expenditure is recoverable.

All revenue is stated net of the amount of goods and services tax (GST).

(d) Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except for where the amount of GST incurred is not recoverable from the Tax Office. In these circumstances, the GST is recognised as part of the cost of the acquisition of the asset or as part of an item of the expense.

Cash flows are presented in the cash flow statement on a gross basis, except for the GST components of investing and financial activities, which are disclosed as operating cash flows.

	2017	2016
	\$	\$
Note 2: Auditor's Remuneration		
Remuneration of the auditor for audit of the financial report	<u>1,500</u>	<u>1,500</u>
Note 3: Cash and Cash Equivalents		
Cash on hand	-	(781)
ANZ Business Extra Account	107,345	52,758
ANZ V2 Plus	161,973	159,611
Nationals Account	<u>3,203</u>	<u>30,004</u>
	<u>272,521</u>	<u>241,592</u>
Note 4: Trade and Other Receivables		
Prepayments – ACFCC Conference and SA Nationals	-	14,394
Prepayments – Canberra Theatre Hire	6,545	-
Prepayments – Hellenic Club	<u>1,800</u>	<u>-</u>
	<u>8,345</u>	<u>14,394</u>
Note 5: Plant and Equipment		
Plant and equipment:		
- at cost	61,695	61,695
- less accumulated depreciation	<u>(55,549)</u>	<u>(51,451)</u>
	<u>6,146</u>	<u>10,244</u>
Note 6: Events After Balance Sheet Date		
There have been no events subsequent to reporting date, which require disclosure in the financial report.		